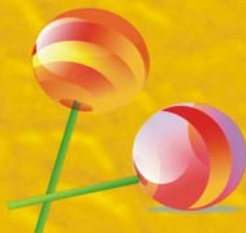


MIND CANDIES FOR A LOUSY DAY

A Short and Snappy Guide



Thejendra B.S

A Short and Snappy Guide to

MIND

CANDIES FOR

A LOUSY DAY

THEJENDRA B.S

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Fourth Edition: 2018

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Preface

Just type the word stress in any internet search engine and it will throw up thousands of articles and videos on stress and the harm it can cause. Mankind (and even animals and plants) has always been plagued by stress from ages. On our planet the number of reasons why people get stressed or agitated can run into hundreds. For example, the modern crazy workplace is one of the single biggest sources of stress for employees and their families. And some of the other reasons for stress are,

1. Low Self Esteem
2. Lack of Confidence
3. Financial problems
4. Talkative People
5. Fear and Anxiety
6. Office headaches
7. Impatience
8. Unfulfilled Desires, etc.

While some stress is unavoidable and even necessary, a highly stressed person can not only cause problems for himself, but also cause various hassles to all his family members. And you cannot simply ignore stress as it is a serious health matter as it will deteriorate you with time. For example, a person who can't handle stress in office

can wreak havoc at home daily. So what can you do to control stress?

The common methods of stress reduction are,

1. Meditation
2. Yoga
3. Taking Medicines
4. Attending Stress Reduction Workshops
5. Coaching
6. Exercises
7. Music
8. Dietary changes
9. Going to fitness centres, and many others.

While each of the above methods has immense benefits they still take time, money and effort. And not everyone can spare their time in this rat race world that we live in. However, there is another relatively unknown stress reduction technique that is simple, cost-effective, non-medicinal and extremely powerful. And you don't need any professional help to use this technique unless you are a severe medical case. This is the technique of regularly reading inspirational quotes by famous personalities over the ages.

How will reading quotes help? It has often been observed that a short piercing sentence, a stinging insult, or a chance remark by someone can have a terrific impact on you than a long sermon or advice. For example, I remember reading a true story of a bankrupt businessman on his way to commit suicide suddenly stopped in his rogue pursuit by accidentally reading an inspirational quote on some billboard. So a famous quote actually saved his life by giving him a sudden dose of inspiration to continue with life no matter what. Such is the power of an inspirational quote. This inspirational effect is very similar to how a small pin can puncture a high pressure balloon or a car tyre. And most inspirational quotes are also short piercing sentences of wisdom that can puncture your high stress and change your life in an instant. It is like taking an aspirin for the tormented mind. So whenever you are feeling doubtful about your own abilities, when disappointments are staring at your face, and you don't see any light at the end of the tunnel simply dive into some great quotes in this book, and you will begin to smile in the midst of overwhelming sorrow. And if you make a habit of reading inspirational quotes regularly you will experience a stark difference in the way you think, act and behave henceforth. Like tiny homeopathic medicines, these gems of wisdom can gradually make you calmer, handle

criticism, understand mankind better and become well equipped to tackle life's ups and downs.

But what is a mind candy? Instead of calling them inspirational quotes I call them as *mind candies* because they make your mind sweet, just like regular candies make your taste buds happy. Thousands of such literary gems have been stated by hundreds of famous personalities over the ages. This book contains a list of carefully selected mind candies to puncture your bad moods created for the usual reasons like hopelessness, fear of the future, insecurity, bad bosses, family and health troubles, city life, etc.

You may notice the quotes in this book are in no specific order. And this is done deliberately as this book tries to imitate a box of candies containing a variety of colourful chocolates each one having a unique taste, colour, shape, size, etc. Similarly, the quotes range from mild to wild and have the power to jolt you like an electric shock. Maybe some quote can even be the exact solution to a nagging problem you are currently worrying about. Hope you will like them and more importantly read them regularly. Why read regularly? That is because stress is like dust and will invade your mind again and again, so it must be dusted again and again. So let us start.

Mind Candies

For a long time it had seemed to me that life was about to begin - real life. But there was always some obstacle in the way, something that had to be gotten through first, some unfinished business, time still to be served, and a debt to be paid. Then my real life would begin. At last it dawned on me that those obstacles were my real life. - Alfred D Souza

Leave the mind in its natural, undisturbed state. Don't follow thoughts of this is a problem, that is a problem, etc. Without labelling difficulties as problems, leave your mind in its natural state. In this way, you will stop seeing miserable conditions as problems. - Lama Zopa Rinpoche

Six billion of us walking the planet, six billion smaller worlds on the bigger one. Shoe salesmen and short-order cooks who look boring from the outside - some have weirder lives than you. Six billion stories, every one an epic, full of tragedy and triumph, good and evil, despair and hope. You and me - we aren't so special, brother. - Dean Koontz

If you ever want something badly, let it go. If it comes back to you then it's yours forever. If it doesn't, then it was never yours to begin with - George H. Powell

Happiness is like a butterfly: the more you chase it, the more it will elude you, but if you turn your attention to

Mind Candies for a Lousy Day

other things, it will come and sit softly on your shoulder.
Henry David Thoreau

Risk! Risk anything! Care no more for the opinions of others, for those voices. Do the hardest thing on earth for you. Act for yourself. Face the truth. Katherine Mansfield

Never give in. Never, never, never, never, in nothing great or small, large or petty, never give in except to convictions of honour and good sense. Never yield to force. Never yield to the apparently overwhelming might of the enemy. - Winston Churchill

One ought never to turn ones back on a threatened danger and try to run away from it. If you do that, you will double the danger. But if you meet it promptly and without flinching, you will reduce the danger by half. - Winston Churchill

Our main business is not to see what lies dimly at a distance, but to do what lies clearly at hand. - Thomas Carlyle

Today is the tomorrow you worried about yesterday. - Author Unknown.

There will be a time when loud-mouthed, incompetent people will seem to be getting the best of you. When that happens, you only have to be patient and wait for them to self-destruct. It never fails. - Richard Rybolt

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I was ashamed because I had no shoes until upon the street I met a man who had no feet. - Ancient Persian Saying

Hating people is like burning down your own house to get rid of a rat. - Harry Fosdick

I wondered why someone didn't do something about the situation. Then I remembered that I am someone.

There is one safeguard known generally to the wise, which is an advantage and security to all, but especially to democracies as against despots – SUSPICION. - Demosthenes

Before all else, be armed. - Niccolo Machiavelli

Man is what he believes. - Anton Chekhov

If you don't like something, change it. If you can't change it, change your attitude. Don't complain. - Maya Angelou

Whenever you are asked if you can do a job, tell them, Certainly, I can! Then get busy and find out how to do it. - Theodore Roosevelt

Somebody is boring me. I think it's me. - Dylan Thomas

In order to live free and happily you must sacrifice boredom. It is not always an easy sacrifice. - Richard Bach

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All God does is watch us and kill us when we get boring.
We must never, ever be boring. - Chuck Palahniuk

Life is never boring, but some people choose to be bored.
- Wayne Dyer

We have to distrust each other. It is our only defence
against betrayal. - Williams, Tennessee

Rough diamonds may sometimes be mistaken for
worthless pebbles. - Thomas Browne

Don't get angry. Don't raise your voice. Just negotiate. -
The Godfather

One of the symptoms of an approaching nervous
breakdown is the belief that ones work is terribly
important. - Bertrand Russell

The gem cannot be polished without friction, nor man
perfected without trials. -Chinese Proverb

Your most unhappy customers are your greatest source of
learning. – Bill Gates

Intense feeling too often obscures the truth. - Harry
Truman

Growth must be chosen again and again; fear must be
overcome again and again. - Abraham Maslow

A man who trims himself to suit everybody will soon
whittle himself away. - Charles Schwab

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God won't ask the floor area of your house. He will ask how many people you helped who didn't have a house.

He who knows how to be poor knows everything. - Jules Michelet

A person without a sense of humor is like a wagon without springs. It's jolted by every pebble on the road. - Henry Ward Beecher

You can turn painful situations around through laughter. If you can find humor in anything, even poverty, you can survive it. - Bill Cosby

Until you're ready to look foolish, you will never have the possibility of being great. - Cher

Every calamity is a spur and valuable hint. - Ralph Waldo Emerson

Yield not to calamity, but face her boldly. - Virgil

If you have time to whine and complain about something then you have the time to do something about it. - Anthony D'Angelo

Never complain and never explain. - Benjamin Disraeli

We do not take humor seriously enough. - Konrad Lorenz

Don't get mad. Just get even.

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Difficulties are meant to rouse, not discourage. The human spirit is to grow strong by conflict. - William Ellery Channing

Fate is being kind to me. Fate doesn't want me to be too famous too young. - Duke Ellington

I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel. - Maya Angelou

The key to happiness is not to get more, but to enjoy what we have and to fill the empty frame of our lives instead of enlarging it. - Albert Szent-Gyorgyi

The search for happiness is one of the chief sources of unhappiness. - Eric Hoffer

Nobody can make you feel inferior without your consent. - Eleanor Roosevelt

The definition of insanity is doing the same thing over and over again and expecting a different result. - Albert Einstein

Hatred is self punishment. - Housabaloon

The only gracious way to accept an insult is to ignore it; if you can't ignore it, top it; if you can't top it, laugh at it; if you can't laugh at it, it's probably deserved. - Russell Lynes

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Never interrupt your enemy when he is making a mistake. - Napoleon Bonaparte

Humour is the mask of wisdom. - Friedrich Durrenmatt

I have learned more from my mistakes than from my successes. - Humphrey Davy

Laughing at our mistakes can lengthen our own life. Laughing at someone else's can shorten it. - Cullen Hightower

A well-developed sense of humor is the pole that adds balance to your steps as you walk the tightrope of life. - William A. Ward

A life spent in making mistakes is not only more honourable but more useful than a life spent doing nothing. - George Bernard Shaw

Never go to excess, but let moderation be your guide. - Cicero

Indecision is often worse than wrong action. - Henry Ford

The weak can never forgive. Forgiveness is the attribute of the strong. - Mahatma Gandhi

God won't ask how many fancy clothes you had in your closet. He will ask how many of those clothes you gave away to the Salvation Army.

Fortune favours the bold. - Terence

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People of humor are always in some degree people of genius. - Samuel Taylor

People are just as happy as they make up their minds to be. - Abraham Lincoln

The greatest test of courage on earth is to bear defeat without losing heart. - Robert G Ingersoll

Successful people ask better questions, and as a result, they get better answers. - Anthony Robbins

Never despair, but if you do, work on in despair. - Edmund Burke

It is surmounting difficulties that make heroes. - Louis Pasteur

There's no disaster that can't become a blessing, and no blessing that can't become a disaster. - Richard Bach

Meet success like a gentleman and disaster like a man. - F E Smith

The formula for achieving a successful relationship is simple: you should treat all disasters as if they were trivialities but never treat a triviality as if it were a disaster. - Quentin Crisp

If you want to lift yourself up, lift up someone else. - Booker T Washington

Difficulties should act as a tonic. They should spur us to greater exertion. - B C Forbes

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Blessed are we who can laugh at ourselves, for we shall never cease to be amused.

Difficulties are meant to rouse, not discourage. The human spirit is to grow strong by conflict. - William Ellery Channing

It is not because things are difficult that we do not dare; it is because we do not dare that they are difficult. - Seneca

What seems like a blessing may be a curse, and what seems like a curse may be a blessing. - Chinese proverb

Divide each difficulty into as many parts as is feasible and necessary to resolve it. - Rene Descartes

Courage is what it takes to stand up and speak; courage is also what it takes to sit down and listen. - Winston Churchill

To escape criticism do nothing, say nothing, be nothing. - Elbert G Hubbard

There are two primary choices in life: to accept conditions as they exist, or accept the responsibility for changing them. - Denis Waitley

To expect too much is to have a sentimental view of life and this is a softness that ends in bitterness. - Flannery O'Connor

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Never was anything great achieved without danger. -
Niccolo Machiavelli

Danger - if you meet it promptly and without flinching -
you will reduce the danger by half. Never run away from
anything. Never! - Winston Churchill

Dwelling on the negative simply contributes to its
power. - Shirley MacLaine

Positive thinking will let you do everything better than
negative thinking will. - Zig Ziglar

A sense of humor is a major defence against minor
troubles. - Mignon McLaughlin

The art of politics consists in knowing precisely when it
is necessary to hit an opponent slightly below the belt. -
Konrad Adenauer

Beware the fury of a patient man. - John Dryden

The first requirement of politics is not intellect or
stamina but patience. Politics is a very long run game
and the tortoise will usually beat the hare. - John Major

Patience is the companion of wisdom. - Saint Augustine

I have always found that if I move with seventy-five
percent or more of the facts that I usually never regret it.
It's the guys who wait to have everything perfect that
drive you crazy. - Lee Iacocca

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Nothing would be done at all if one waited until one could do it so well that no one could find fault with it. - Cardinal Newman

Its not whether you get knocked down, it's whether you get back up. - Vince Lombardi

Victory belongs to the most persevering. - Napoleon Bonaparte

The time is always right to do what is right. - Martin Luther King, Jr

The man who gets angry at the right things and with the right people, and in the right way and at the right time and for the right length of time, is commended. - Aristotle

Take calculated risks. That is quite different from being rash. - George S Patton

If the creator had a purpose in equipping us with a neck, he surely meant us to stick it out. - Arthur Koestler

You have to believe in yourself, that's the secret. Even when I was in the orphanage, when I was roaming the street trying to find enough to eat, even then I thought of myself as the greatest actor in the world. - Charlie Chaplin

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Whenever you are asked if you can do a job, tell them, Certainly, I can! Then get busy and find out how to do it. - Theodore Roosevelt

The gods help them that help themselves. - Aesop

Any intelligent fool can make things bigger, more complex, and more violent. It takes a touch of genius - and a lot of courage - to move in the opposite direction. - Ernst F Schumacher

Simplicity is the ultimate sophistication. - Leonardo da Vinci

In times of stress, be bold and valiant. - Horace

Its not stress that kills us, it is our reaction to it. - Hans Selye

Without an open-minded mind, you can never be a great success. - Martha Stewart

How you use today will determine how tomorrow uses you. - Earl Wilson

I have known a great many troubles, but most of them never happened. - Mark Twain

Self-pity in its early stages is as snug as a feather mattress. Only when it hardens does it become uncomfortable. - Maya Angelou

When faced with a mountain, I will not quit! I will keep on striving until I climb over, find a pass through, tunnel

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underneath, or simply stay and turn the mountain into a gold mine, with Gods help! - Friedrich von Schiller

Never give up, for that is just the place and time that the tide will turn. - Harriet Beecher Stowe

The road to success is not to be run upon by seven-leagued boots. Step by step, little by little, bit by bit - that is the way to wealth; that is the way to wisdom; that is the way to glory. - Thomas Fowell Buxton

It's hard to beat a person who never gives up. - Babe Ruth

If you see ten troubles coming down the road, you can be sure that nine will run into the ditch before they reach you. - Calvin Coolidge

Be like a postage stamp. Stick to one thing until you get there. - Josh Billings

Nature never hurries, yet everything is accomplished. - Lau Tzu

Money was never a big motivation for me, except as a way to keep score. The real excitement is playing the game. - Donald Trump

The person who says he enjoys a cold shower early in the morning will easily lie about other things too.

The only point in making money is, you can tell some big shot where to go. - Humphrey Bogart

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My nature is the most peaceful in the world. All I ask is a simple cottage, a decent bed, good food, some flowers in front of my window, and a few trees beside my door. Then, if God wanted to make me completely happy, he would let me enjoy the spectacle of six or seven of my enemies dangling from those trees. I would forgive them all the wrongs they have done me - forgive them from the bottom of my heart, for we must forgive our enemies. But not until they are hanged! - Heinrich Heine

No one can earn a million dollars honestly. - William Jennings Bryan

We all need money, but there are degrees of desperation - Anthony Burgess

Great talker, great liar. - French Quote

Let's be honest with each other. There's not a single business anywhere on this planet that is without its own unique problems. Business is complicated and imperfect. Every business everywhere is staffed with imperfect human beings and exists by providing a product or service to other imperfect human beings. - Bob Parsons

We have grown literally afraid to be poor. We despise anyone who elects to be poor in order to simplify and save his inner life. If he does not join the general scramble and pant with the money-making street, we

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deem him spiritless and lacking in ambition. - William James

If you don't like something change it; if you can't change it, change the way you think about it. - Mary Engelbreit

Come to the edge, He said. They said, we are afraid. Come to the edge, He said. They came. He pushed them... and they flew. - Guillaume Apollinaire

Any game you play, you got to lose sometime. - Roy Acuff

I believe God is managing affairs and that He doesn't need any advice from me. With God in charge, I believe everything will work out for the best in the end. So what is there to worry about? - Henry Ford

Many think that assigning blame settles matters. - Mason Cooley

A man may fall many times but he won't be a failure until he says someone pushed him. - Elmer G. Letterman

All blame is a waste of time. No matter how much fault you find with another, and regardless of how much you blame him, it will not change you. - Wayne Dyer

The search for someone to blame is always successful. - Robert Half

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Every stress leaves an indelible scar, and the organism pays for its survival after a stressful situation by becoming a little older. - Hans Selye

Take your life in your own hands and what happens? A terrible thing: no one is to blame. - Erica Jong

When you blame others, you give up your power to change. - Dr. Robert Anthony

I can be changed by what happens to me. But I refuse to be reduced by it. - Maya Angelou

The superior man blames himself. The inferior man blames others. - Don Shula

I don't have any bad habits. They might be bad habits for other people, but they're all right for me. - Eubie Blake

The more we depend on God the more dependable we find He is. - Cliff Richard

With God, what is terrible is that one never knows whether it's not just a trick of the devil. - Jean Anouilh

Delay is preferable to error. - Thomas Jefferson

A lot of people are afraid to say what they want. That's why they don't get what they want. - Madonna

Sometimes the most urgent thing you can possibly do is take a complete rest. - Ashleigh Brilliant

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Cheerfulness is the best promoter of health, and is as friendly to the mind as to the body. - Joseph Addison

Living in solitude, eating lightly, controlling the thought, word, and deed; ever absorbed in yoga of meditation, and taking refuge in detachment. - Bhagavad Gita quotes

Those who think they have no time for bodily exercise will sooner or later have to find time for illness. - Edward Stanley

No person can be a great leader unless he takes genuine joy in the successes of those under him. - W. H. Auden

Effective leadership is not about making speeches or being liked; leadership is defined by results not attributes. - Peter Drucker

To supervise people, you must either surpass them in their accomplishments or despise them. - Benjamin Disraeli

Don't find fault, find a remedy. - Henry Ford

If you judge people, you have no time to love them. - Mother Teresa

I have my standards. They may be low. But, I have them. - Bette Midler

Success is never final, failure is never fatal. It's courage that counts. - John Wooden

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Men do not fail; they give up trying. - Elihu Root

Defeat is not the worst of failures. Not to have tried is the true failure. - George E Woodberry

I have not failed. I've just found 10,000 ways that wont work. - Thomas Alva Edison

Failure is a detour, not a dead-end street. - Zig Ziglar

Failure is unimportant. It takes courage to make a fool of yourself. - Charlie Chaplin

If you are going through hell, keep going. - Winston Churchill

Most people who succeed in the face of seemingly impossible conditions are people who simply don't know how to quit. - Robert Schuller

The time comes in the life of any nation when there remain only two choices - submit or fight. That time has now come to South Africa. We shall not submit and we have no choice but to hit back by all means in our power in defence of our people, our future, and our freedom. - Nelson Mandela

The first time you see Winston Churchill you see all his faults and the rest of your life you spend discovering his virtues. - Violet Asquith

Who gossips with you will gossip of you. - Irish Sayings quotes

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Always, expect the unexpected.

Don't make a threat and then not do it. - Suzanne Vega

Fear less, hope more; Eat less, chew more; Whine less, breathe more; Talk less, say more; Love more, and all good things will be yours. - Swedish Proverb

Breathe. Let go. And remind yourself that this very moment is the only one you know you have for sure. - Oprah Winfrey

To insure good health: eat lightly, breathe deeply, live moderately, cultivate cheerfulness, and maintain an interest in life. - William Londen

This is a ruthless world and one must be ruthless to cope with it. - Charlie Chaplin

Avoid lawsuits beyond all things; they pervert your conscience, impair your health, and dissipate your property. - Jean De La Bruyere

A man is as unhappy as he has convinced himself he is. - Seneca

Don't criticize what you don't understand, son. You never walked in that mans shoes. - Elvis Presley

Enjoy your life without comparing it with another - Marquis de condorcet

Simplicity is the ultimate sophistication - Vinci

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Direct threats require decisive action. - Dick Cheney

You have enemies? Good. That means you have stood up for something, sometime in your life. - Winston Churchill

A lot of people are afraid to tell the truth, to say no. That's where toughness comes into play. Toughness is not being a bully. It's having a backbone. - Robert Kiyosaki

Don't be afraid to take a big step when one is indicated. You can't cross a chasm in two small steps. - David Lloyd George

Be bold, be bold, and everywhere be bold. - Herbert Spencer

Boldness is a mask for fear, however great. - John Dryden

The greatest test of courage on earth is to bear defeat without losing heart. - Robert G. Ingersoll

Discourage litigation. Persuade your neighbours to compromise whenever you can. As a peacemaker the lawyer has superior opportunity of being a good man. There will still be business enough. - Abraham Lincoln

Courage conquers all things. - Ovid

Create the kind of self you will be happy to live with all your life. - Foster C. McClellan

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Courage is being scared to death, but saddling up anyway. - John Wayne

Forgiveness is a funny thing. It warms the heart and cools the sting. - William Arthur Ward

Sometimes the best revenge is losing well. - New York Times

If you are going through hell, keep going. - Winston Churchill

The trouble with the rat race is that even if you win you're still a rat. - Lily Tomlin

Forgive your enemies, but never forget their names. - John F. Kennedy

If you want to make god laugh loudly, just tell him your plans.

Enemies are so stimulating. - Katharine Hepburn

You can discover what your enemy fears most by observing the means he uses to frighten you. - Eric Hoffer

The less a man knows the bigger the noise he makes and the higher the salary he commands. - Mark Twain

Courage is grace under pressure. - Ernest Hemingway

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Are you worried about pressure? I look at it this way:
Pressure is having to do something you are not totally
prepared to do. - Harvey B. Mackay

Pressure makes diamonds. - George S. Patton

Delay in vengeance gives a heavier blow. - John Ford

If you are patient in one moment of anger, you will
escape a hundred days of sorrow. - Chinese Proverb

When anger rises, think of the consequences. -
Confucius

If you think you are too small to make a difference, try
sleeping in a closed room with a mosquito. - African
Proverb

Victory is always possible for the person who refuses to
stop fighting. - Napoleon Hill

Every great movement must experience three stages:
ridicule, discussion, and adoption. - John Stuart Mill

Always quit while you are ahead. - Chicago gangsters

If we really want to love we must learn how to forgive. -
Mother Teresa

I will permit no man to narrow and degrade my soul by
making me hate him. - Booker T. Washington

As we grow as unique persons, we learn to respect the
uniqueness of others. - Robert H Schuller

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A human being is a single being. Unique and unrepeatable. - Eileen Caddy

Any intelligent fool can make things bigger, more complex, and more violent. It takes a touch of genius - and a lot of courage - to move in the opposite direction. - Ernst F. Schumacher

It is always the simple that produces the marvellous. - Amelia E Barr

If you haven't got any charity in your heart, you have the worst kind of heart trouble. - Bob Hope

Never let the urgent crowd out the important. - Kelly Catlin Walker

Remind yourself that God is with you and nothing can defeat you. Believe that you now receive power from Him. - Norman Vincent Peale

God places the heaviest burden on those who can carry its weight. - Reggie White

When you face the perils of weariness, carelessness, and confusion, don't pray for an easier life. Pray instead to be a stronger man or woman of God. - Luis Palau

God won't ask what your highest salary was. He will ask if you trampled over any people to obtain that salary.

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Come to the edge, He said. They said, we are afraid.
Come to the edge, He said. They came. He pushed
them... and they flew. - Guillaume Apollinaire

Anger is a wind, which blows out the lamp of the mind.
- Robert Ingersoll

It is wise to direct your anger towards problems, not
people; to focus your energies on answers, not excuses. -
William Arthur

We have grown literally afraid to be poor. We despise
anyone who elects to be poor in order to simplify and
save his inner life. If he does not join the general
scramble and pant with the money-making street, we
deem him spiritless and lacking in ambition. - William
James

A man does what he must - in spite of personal
consequences, in spite of obstacles and dangers - and this
is the basis of all human morality. - John F. Kennedy

If someone betrays you once, it is his fault. If he betrays
you twice, it is your fault.

To not prepare is the greatest of crimes; to be prepared
beforehand for any contingency is the greatest of virtues.
- Sun Tzu

The first requirement of politics is not intellect or
stamina but patience. Politics is a very long run game
and the tortoise will usually beat the hare. - John Major

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Threats don't work with the person who's got nothing to lose. - Maduro Ash

Preparation, I have often said, is rightly two-thirds of any venture. - Amelia Earhart

Spectacular achievement is always preceded by unspectacular preparation. - Robert Schuller

In the field of observation, chance favours the prepared mind. - Louis Pasteur

When defeat comes, accept it as a signal that your plans are not sound, rebuild those plans, and set sail once more toward your coveted goal. - Napoleon Hill

One doesn't discover new lands without consenting to lose sight of shore for a very long time. - Andre Gide

If people want to try and force me out of the game it has to be done in some shape or form that I am unaware of, because I am contracted to do a job and I know I am doing it quite well at the moment so far as the ins and outs are concerned. - Darrell Hair, Australian Cricket Umpire speaking regarding a ball tampering controversy against Pakistan.

The art of politics consists in knowing precisely when it is necessary to hit an opponent slightly below the belt. - Konrad Adenauer

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The essential ingredient of politics is timing. - Pierre Trudeau

There are no true friends in politics. We are all sharks circling, and waiting, for traces of blood to appear in the water. - Alan Clark

Never break a person's rice bowl or let him lose his face.
- Chinese proverb

Turn on to politics, or politics will turn on you. - Ralph Nader

If you have an important point to make, don't try to be subtle or clever. Use a pile driver. Hit the point once. Then come back and hit it again. Then hit it a third time--a tremendous whack. - Winston Churchill

Keep cool; anger is not an argument. - Daniel Webster

Speak when you are angry, and you will make the best speech you'll ever regret. - Laurence J. Peter

The greatest remedy for anger is delay. - Seneca

There's nothing wrong with anger provided you use it constructively. - Wayne Dyer

Anybody can become angry, that is easy; but to be angry with the right person, and to the right degree, and at the right time, and for the right purpose, and in the right way, that is not within everybody's power - that is not easy. - Aristotle

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Speak softly and carry a big stick; you will go far. - Theodore Roosevelt

A real leader faces the music, even when he doesn't like the tune. - Anon

Music washes away from the soul the dust of everyday life. - Red Auerbach

Why waste money on psychotherapy when you can listen to the B Minor Mass? - Michael Torke

A hobby a day keeps the doldrums away. - Phyllis McGinley

In times of great stress or adversity, it's always best to keep busy, to plough your anger and your energy into something positive. - Lee Iacocca

When angry, count to ten before you speak. If very angry, count to one hundred. - Thomas Jefferson

The only way to make a tiger happy is to allow yourself to be devoured by it.

Blows that don't break your back strengthen it. - Arabian Proverb

Poverty is no disgrace, but ignorance is. - Unknown

Worrying is like a rocking chair: it gives you something to do, but it doesn't get you anywhere. - Unknown

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It is lack of faith that makes people afraid of meeting challenges, and I believed in myself. - Muhammad Ali

The real art of conversation is not only to say the right thing in the right place, but to leave unsaid the wrong thing at the tempting moment. - Dorothy Nevill

Patience will achieve more than force. - Edmund Burke

Patience is the companion of wisdom. - Saint Augustine

Rudeness is the weak mans imitation of strength. - Eric Hoffer

In times of stress, be bold and valiant. - Horace

To be free of destructive stress don't sweat the small stuff by realizing that all stuff is small.

It is better to have a permanent income than to be fascinating. - Oscar Wilde

Fame does not feed you. Only money does. - Anonymous

You have to earn money the hard way, because no one will serve it up to you on a silver platter. - Gordon Wu

Annual income twenty pounds, annual expenditure nineteen six; result happiness. Annual income twenty pounds, annual expenditure twenty pounds ought and six; result misery. - Charles Dickens

Rich or poor, it's good to have money. - Sid Lance

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Never invest your money in anything that eats or needs repairing. - Billy Rose

Before you criticize someone, walk a mile in their shoes. That way, you'll be a mile from them, and you'll have their shoes. - Jack Handey

Unjust criticism is usually disguised compliment. It often means that you have aroused jealousy and envy. - Dale Carnegie

Wealth consists not in having great possessions but in having few wants. - Epicurus

The very first step to building wealth is to spend less than you make. - Brian Koslow

What were you worried about this time last year? Can't remember? - Author Unknown

If I had listened to all the critics I would have died drunk in the gutter. - Anton Chekhov

It is always the best policy to speak the truth, unless of course you are an exceptionally good liar. - Jerome K Jerome

Be frank and explicit. That is the right line to take when you wish to conceal your own mind and to confuse the minds of others. - Benjamin Disraeli

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The key to everything is patience. You get the chicken by hatching the egg, not by smashing it. - Arnold H. Glasgow

I don't know the key to success, but the key to failure is trying to please everybody. - Bill Cosby

He who has never failed somewhere, that man can never be great. - Herman Melville

We are all failures, at least the best of us are. - J M Barrie

Don't tell your problems to people: eighty percent don't care; and the other twenty percent are glad you have them. - Lou Holtz

I don't have any solution, but I certainly admire the problem. - Ashleigh Brilliant

People who want the most approval get the least, and people who need approval the least get the most. - Wayne Dyer

A man cannot be made comfortable without his own approval. - Mark Twain

Lean too much on the approval of people and it becomes a bed of thorns. - Tehyi Hsieh

A truly strong person does not need the approval of others any more than a lion needs the approval of sheep. - Vernon Howard

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Do not trust to the cheering of the crowd, for those persons would shout as much if you and I were going to be hanged. - Cromwell, Oliver

Do not look for approval except for the consciousness of doing your best. - Andrew Carnegie

The most splendid achievement of all is the constant striving to surpass yourself and to be worthy of your own approval. - Denis Waitley

Those whose approval you seek most give you the least. - Rozanne Weissman

Adopt the pace of nature; her secret is patience. - Ralph Waldo Emerson

Beware the fury of a patient man. - John Dryden

The two most powerful warriors are patience and time. - Leo Tolstoy

Everything comes gradually at its appointed hour. - Ovid

Genius is eternal patience. – Michelangelo

I've seen many troubles in my time, half of which ever came true. - Mark Twain

He that can have patience can have what he will. - Benjamin Franklin

The greatest power is often simple patience. - Joseph Cossman

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Infinite patience brings immediate results. - Wayne Dyer

To escape criticism do nothing, say nothing, be nothing.
- Elbert Hubbard

Any fool can criticize, condemn, and complain - and most fools do. - Dale Carnegie

When critics sit in judgment it is hard to tell where justice leaves off and vengeance begins. - Chuck Jones

Before you go and criticize the younger generation, just remember who raised them.

You have enemies? Good. That means you have stood up for something, sometime in your life. - Winston Churchill.

Do what you can, with what you have, where you are. - Theodore Roosevelt

I have always found that if I move with seventy-five percent or more of the facts that I usually never regret it. It's the guys who wait to have everything perfect that drive you crazy. - Lee Iacocca

Nothing would be done at all if one waited until one could do it so well that no one could find fault with it. - Cardinal Newman

Have no fear of perfection - you'll never reach it. - Salvador Dali

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Don't ever follow any leader until you know whom he is following. - Source Unknown

A real leader faces the music even when he dislikes the tune. - Unknown

Before following a leader it is wise to see if he is headed in the right direction.

A good man always knows his limitations. - Clint Eastwood

There is no terror in a bang, only in the anticipation of it. - Alfred Hitchcock

Today is the tomorrow you worried about yesterday. - Author Unknown.

My life has been full of terrible misfortunes most of which never happened. - Michel de Montaigne

Pain is inevitable. Suffering is optional. - M. Kathleen Casey

As soon as we stop worrying, a solution pops up. - David DeNotaris

Rather than sitting and worrying, do something, anything. Worrying is a waste of time. - Catherine Pulsifer

Drag your thoughts away from your troubles by the ears, by the heels, or any other way you can manage it. - Mark Twain

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Pay no attention to what the critics say. A statue has never been erected in honour of a critic. - Jean Sibelius

Criticism is the disapproval of people, not for having faults, but having faults different from your own.

Once a decision was made I did not worry about it afterward. - Harry S. Truman

Don't wait until everything is just right. It will never be perfect. There will always be challenges, obstacles and less than perfect conditions. So what? Get started now. With each step you take, you will grow stronger and stronger, more and more skilled, more and more self-confident and more and more successful. - Mark Victor Hansen

People often say that motivation doesn't last. Well, neither does bathing - that's why we recommend it daily. - Zig Zigler

Be miserable. Or motivate yourself. Whatever has to be done, it's always your choice.

Do not brood over your past mistakes and failures as this will only fill your mind with grief, regret and depression. Do not repeat them in the future. - Swami Sivananda

Little by little, one walks far. - Peruvian proverb

Knowing is not enough; we must apply. Willing is not enough; we must do. - Johann Wolfgang von Goethe

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Ask yourself this question - Will this matter a year from now? - Richard Carlson

Success is the sum of small efforts, repeated day in and day out. - Robert Collier

When one door of happiness closes, another opens, but often we look so long at the closed door that we do not see the one that has been opened for us. - Helen Keller

There is more to life than increasing its speed. - Mahatma Gandhi

Reading inspirational and motivational quotes daily are like taking my vitamins. - Rosie Cash

The smartest decisions are based on less information, not more.

Worrying about something that may never happen is like paying interest on money you may never borrow. - Unknown

To fear is one thing. To let fear grab you by the tail and swing you around is another. - Katherine Paterson

If you woke up breathing, congratulations! You have another chance.

God brings men into deep waters not to drown them, but to cleanse them. - Aughey

We understand that you can't work all day. In fact, a healthy dose of intellectual distraction is necessary for

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productivity. Theoretically, for all we know, there may even be statistics that prove two hours of actual work per day is enough to keep the world running smoothly.

Too many people spend money they haven't earned, to buy things they don't want, to impress people they don't like - Will Smith

If fifty million people say a foolish thing, it is still a foolish thing - Bertrand Russell

It is better to be bored to death in a boring job than be worried to death without a job.

A man who doesn't spend time with his family can never be a real man. - Godfather

Meditate. Live purely. Be quiet. Do your work with mastery. Like the moon, come out from behind the clouds! Shine. - Buddha

When defeat comes, accept it as a signal that your plans are not sound, rebuild those plans, and set sail once more toward your coveted goal. - Napoleon Hill

Never argue with idiots. They will bring you down to their level, and then overwhelm you with their experience. - Dave Johnson

It doesn't depend on size, or a cow would easily outrun a rabbit. - German proverb

Fall down seven times, stand up eight. - Japanese proverb

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Efforts may fail, but don't fail to make efforts.

When you have to kill a man anyway it costs nothing to be polite. - Sir Winston Churchill

There are two days about which nobody should ever worry, and these are yesterday and tomorrow. - Robert Burdette

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About the Author

Thejendra is a technical manager from Bangalore, India and works for a software development firm. He is also a hobby author and has scribbled several mild and wild books on a variety of subjects (mostly on topics that he hardly knows anything about). His inspiration for writing weird books comes from Toni Morrison, who said, 'If there is a book that you want to read, but it hasn't been written yet, then you must write it.' He has also had a fierce fight with God, and documented that awesome argument in his book called - Never Trust any God. Visit his web cave www.thejendra.com for more details.

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Other Books by this Author

Never Trust Any God

A Mild & Wild Chat with the Brilliant Celestial
Mechanic

The Caveman Diaries

Some Raw Advice for Modern Executives

Top Secret Business Humor

The Immaculate Worthless Collection

Become a Dictator

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Why the Buddha Never Took Aspirin

The Cold Shower

Discovering the Joys of Minimalism and Frugality

The Magic Apple and his Mighty Friends

(A Children's Book)

If you liked this book please tell all your friends, colleagues, relatives, pets, neighbors, etc. And don't forget to tweet and mention this on your blogs.

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